

# Sun Protection Policy

## Rationale

Bali's tropical climate exposes our students, staff, and community to significant sun exposure throughout the year. Understanding the prevalence of skin cancer due to UV radiation exposure and the heightened risk in our tropical setting, we are committed to implementing effective measures to mitigate sun-related risks. Our intention is to cultivate an environment that promotes sun safety awareness and ensures the well-being of everyone under our care.

## Purpose

The purpose of this Sun Protection Policy is to ensure the implementation of proactive measures that promote sun safety and minimise the risks associated with sun exposure within the school community. By raising awareness, educating, and enforcing sun protection practices, we aim to:

1. Educate students, staff, and parents about the importance of sun safety.
2. Minimise the risk of skin damage, sunburn, and skin cancer caused by prolonged sun exposure.
3. Encourage the adoption of sun protection measures during school hours and outdoor activities.
4. Ensure access to adequate sun protection resources and facilities on the school premises.

## Guidelines

Bali's tropical climate exposes our students, staff, and community to significant sun exposure throughout the year. Prolonged exposure to the sun's harmful ultraviolet (UV) rays poses health risks, including sunburn, skin damage, and an increased risk of skin cancer. As a responsible educational institution, ProEd Global School acknowledges the importance of safeguarding the well-being of our students, staff, and visitors against the harmful effects of excessive sun exposure.

1. **Sun-Smart Clothing:** Encourage the use of protective clothing, such as wide-brimmed hats, long-sleeved shirts, and sunglasses with UV protection, especially during outdoor activities.
2. **Sunscreen Application:** Encourage the regular application of sunscreen with a sun protection factor (SPF) of 30 or higher. Sunscreen should be applied before students arrive at school and reapplied during the day as needed, especially before outdoor activities.
3. **Shaded Areas:** Ensure that shaded areas are available and accessible during outdoor activities or breaks, encouraging students and staff to seek shelter from direct sunlight when possible.
4. **Outdoor Activities Timing:** Schedule outdoor activities and physical education classes during times when the sun's intensity is lower, typically in the morning or late afternoon.
5. **Water Provision:** Encourage the consumption of water throughout the day to maintain hydration levels, especially during outdoor activities.
6. **Staff and Parental Support:** Encourage staff and parents to model sun-safe behaviours and support the school's efforts in implementing sun protection measures.